

SGLT2 inhibitors in patients with CKD and co-morbidities

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Conflicts of interest

Au cours des quatre dernières années, j'ai eu une affiliation ou des intérêts (financiers ou de nature non-pécuniaire) avec la ou les société(s) suivante(s) :

- Astrazeneca, Bayer, Boehringer, Cardiostory, Echosens, Lilly, Novonordisk, Novartis, NP Medical

SGLT2 inhibitors in patients with **CKD/renal dysfunction** and co- morbidity

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Kidney dysfunction, the metastasis of HF

VIEWPOINT

Heart Failure

TNM-Like Classification

Francesco Fedele, MD, Paolo Severino, MD, Simone Calcagno, MD, Massimo Mancone, MD, PhD
Rome, Italy



Heart	Lung	Malfunction of Other Organs
<p>H-1: impaired systolic or diastolic function of LV without structural damage</p> <p>H-2: LV with systolic or diastolic dysfunction and structural damage (hypertrophy, previous myocardial infarction)</p> <p>H-3: systolic and diastolic dysfunction (and/or EF < 35%) with left ventricular remodeling</p> <p>H-4: biventricular systolic and diastolic dysfunction</p>	<p>L-0: no lung involvement</p> <p>L-1: Hemodynamic congestion</p> <p>L-2: Clinical congestion</p> <p>L-3: Cardiac lung*</p> <p>Parameters of pulmonary damage:</p> <ul style="list-style-type: none"> -Precapillary pulmonary hypertension (mPAP > 25mmHg; PAWP < 15mmHg) -Post-capillary pulmonary hypertension (mPAP > 25mmHg; PAWP > 15mmHg) -Pleural effusion -Pulmonary edema 	<p>M-0: no malfunction of other organs</p> <p>M-1: single organ damage due to HF</p> <p>M-2: double organ damage due to HF</p> <p>M-3: multiple organ damage</p> <p>Other Organs:</p> <ul style="list-style-type: none"> - Kidney - Liver - Central nervous system

Predicting survival in heart failure: a risk score based on 39 372 patients from 30 studies

Risk factor	Addition to risk score								Risk score
Ejection fraction (%)	<20 +7	20-24 +6	25-29 +5	30-34 +3	35-39 +2	40+ 0			
Extra for age (years)									
EF < 30	<55 0	56-59 +1	60-64 +2	65-69 +4	70-74 +6	75-79 +8	80+ +10		
EF 30 - 39	0	+2	+4	+6	+8	+10	+13		
EF 40 +	0	+3	+5	+7	+9	+12	+15		
Extra for Systolic blood pressure (mm Hg)									
EF < 30	<110 +5	110-119 +4	120-129 +3	130-139 +2	140-149 +1	150+ 0			
EF 30 - 39	+3	+2	+1	+1	0	0			
EF 40 +	+2	+1	+1	0	0	0			
BMI (kg / m ²)	<15 +6	15-19 +5	20-24 +3	25-29 +2	30+ 0				
Creatinine (μmol/l)	<90 0	90-109 +1	110-129 +2	130-149 +3	150-169 +4	170-209 +5	210-249 +6	250+ +8	
NYHA Class	1 0	2 +2	3 +6	4 +8					
Male				+1					
Current smoker				+1					
Diabetic				+3					
Diagnosis of COPD				+2					
First diagnosis of heart failure in the past 18 months				+2					
Not on beta blocker				+3					
Not on ACEI/ARB				+1					
Total risk score =									

Creat >250 micromol/l versus <90 : + 8 points

As being 79 y.o. versus <55 y.o. !

Or being NYHA IV versus I !

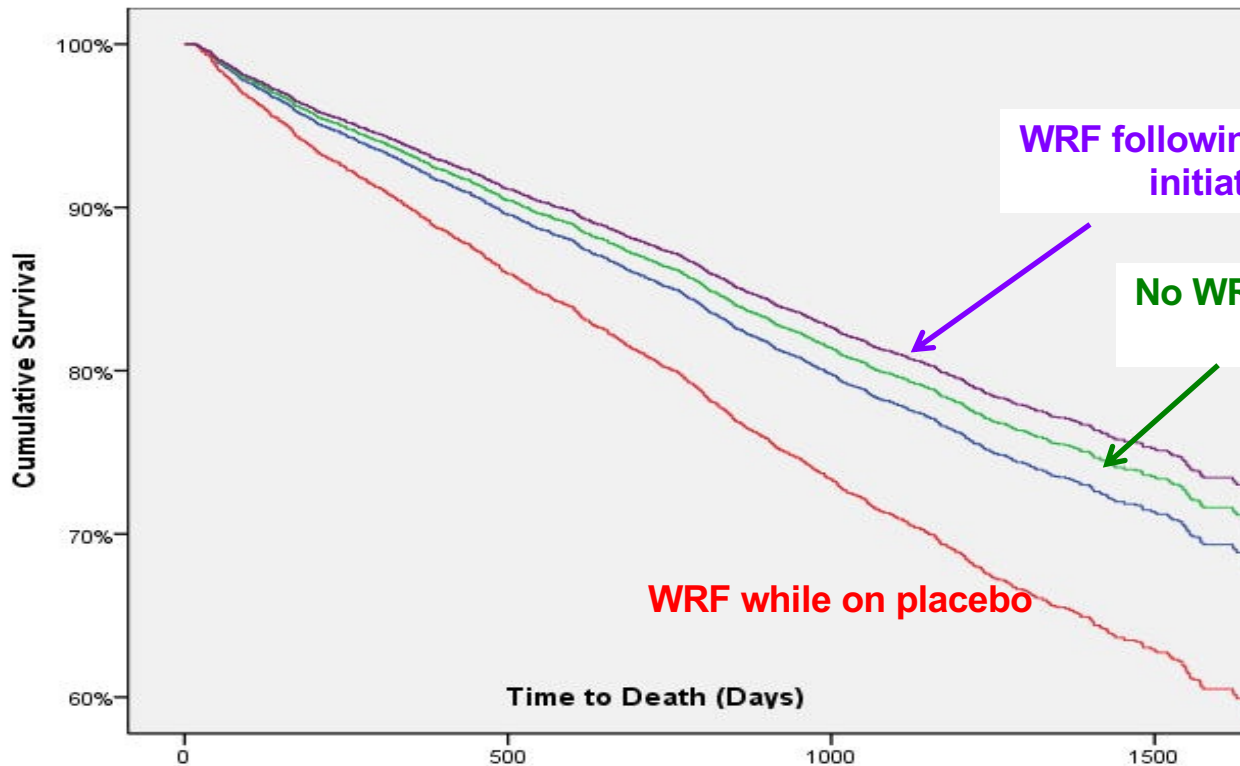
MORE than LVEF <20% versus >40% !

Kidney function has a MAJOR prognostic role

However, changes in renal function have LESS prognostic power than initial/baseline/"true" renal function.

But kidney dysfunction is not always bad !

SOLVD trial reanalysis - ACEi in HFrEF Patient survival according to WRF/noWRF after ACEi/placebo initiation



Worsening renal function is almost good news while optimizing HF treatment !

Unravelling the interplay between hyperkalaemia, renin-angiotensin-aldosterone inhibitor use and clinical outcomes. Data from 9222 chronic heart failure patients of the ESC-HFA-EORP Heart Failure Long-Term Registry

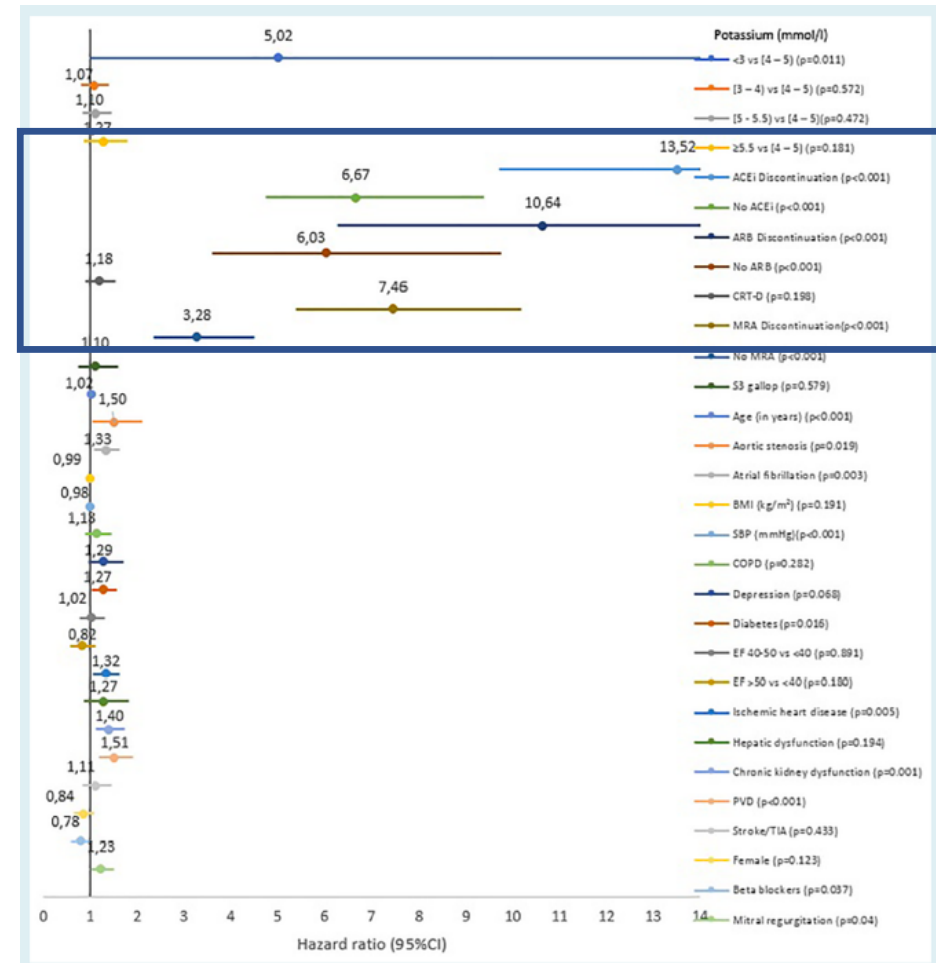
>20% ACEi/ARB discontinuation
>30% MRA discontinuation

In multivariable analysis
Dyskalemia loosely associated with outcome
Important increase in the risk of death after
stopping ACEi (x13)
stopping ARBs (x11)
or MRAs (x3)

SGLT2i not mentioned (2020)
Very likely same results...

Rossignol, EJHF, 2020

The worst, stopping all HF drugs !



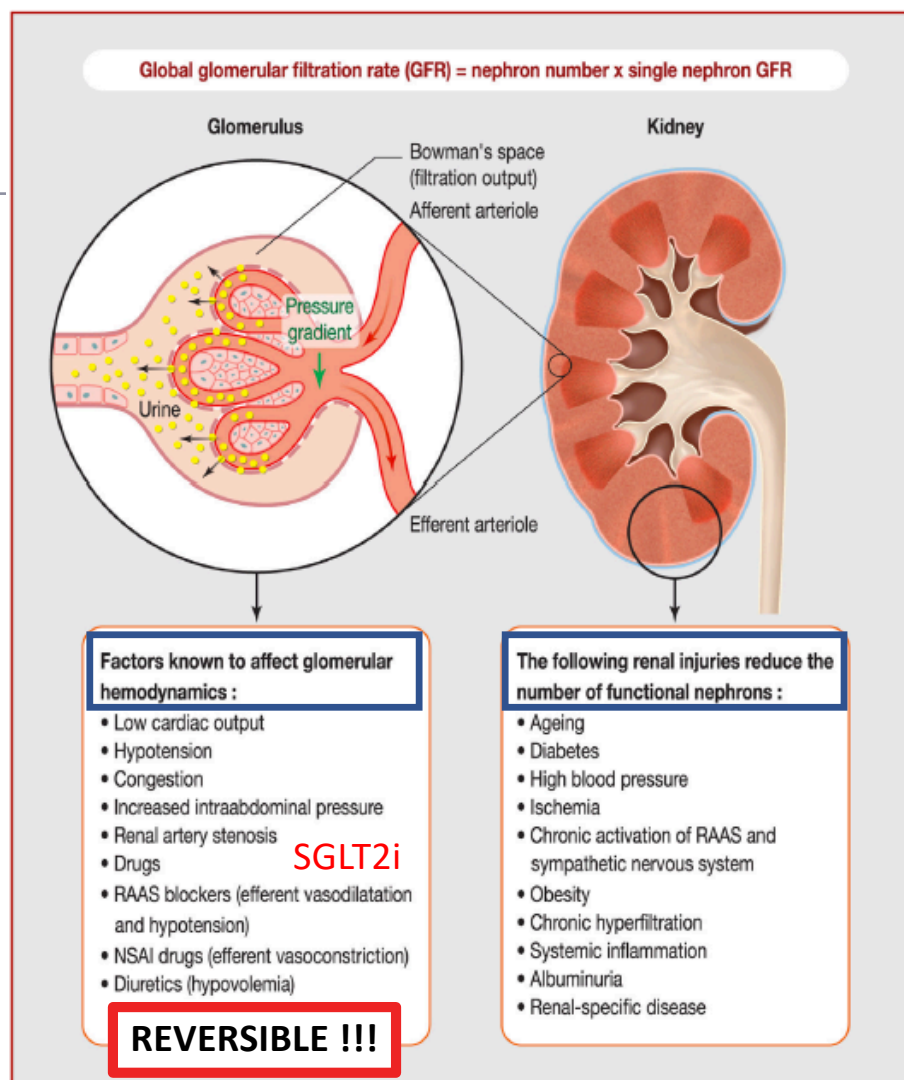
Key clinical question for HF physicians is not how to manage CKD and/or worsening renal function

=> How to best manage HF treatments (including SGLT2i) in the frame of CKD and/or worsening renal function

Practical management of worsening renal function in outpatients with heart failure and reduced ejection fraction: Statement from a panel of multidisciplinary experts and the Heart Failure Working Group of the French Society of Cardiology

Prise en charge pratique de l'aggravation de fonction rénale chez les patients ambulatoires atteints d'insuffisance cardiaque à fraction d'éjection altérée: position d'un groupe multidisciplinaire d'experts et du Groupe Insuffisance Cardiaque et Cardiomyopathie (GICC) de la Société Française de Cardiologie

Nathan Mewton^{a,1}, Nicolas Girerd^{b,1},
Jean-Jacques Boffa^c, Cécile Courivaud^d,
Richard Isnard^e, Laurent Juillard^f, Nicolas Lamblin^g,
Matthieu Legrand^h, Damien Logeartⁱ,
Christophe Mariat^j, Edith Meune^k, Pierre Sabouret^l,
Laurent Sebbag^a, Patrick Rossignol^{b,*}



The heart and the kidney: a complex relationship

HF specialist point of view

« Organic » and/or « Chronic » kidney dysfunction is **bad**
= CKD

Renal function fluctuations while uptitrating HF drugs is **nowhere near as bad**
AND SHOULD NOT PREVENT OPTIMAL HF TREATMENT !!!!

Algorithm A2M « GICC »

Worsening Renal Failure & Hyperkalemia in HFrEF Outpatients

If increase in creatinine of up to 50% above baseline or 266 µmol/L (3 mg/dL) or eGFR <25 mL/min/1.73m² or (Blood potassium, Kalemia) >5.5 mmol/L

I/ ASSESS

<p>Non cardiac etiologies</p> <ul style="list-style-type: none"> • Acute infection • Hyperthermia • NSAID / antibiotics /other • Contrast agents • Gastrointestinal disorder • Urinary tract obstruction 	<p>Volemia</p> <ul style="list-style-type: none"> • Congestion • Dehydration • Normal <p>Diuretic dosage</p>	<p>Body weight</p> <p>Systolic Blood Pressure <90 mmHg</p> <p>Second potassium dosage</p>
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II/ ADAPT

Correct non cardiac etiology

<p>Patient with congestion:</p> <ul style="list-style-type: none"> • Increase loop diuretics dosage (x2-3) for 2-4 days • Consider diuretics combination (thiazides...)* • Water intake restriction 	<p>Dehydrated patient:</p> <ul style="list-style-type: none"> • Decrease or discontinue diuretics • Consider discontinuation of BP lowering drugs without proven outcome benefits in HFrEF • Consider increasing water/salt intake 	<p>Symptomatic hypotensive patient:</p> <ul style="list-style-type: none"> • Selective discontinuation of BP lowering drugs without proven outcome benefits in HFrEF • Consider diuretics and MRA reduction in non congestive patients • Consider transient reduction of other BP-lowering drugs (beta blockers & RASi & ARNi) • Check for any signs of low cardiac output 	<p>Hyperkalemia:</p> <ul style="list-style-type: none"> • Stop any dietary potassium supplement intake • Transiently reduce or discontinue MRAs • Transiently reduce or discontinue RASi or ARNi • Consider potassium binders
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III/ MONITOR

<p>✓ Blood check : potassium, urea, creatinine within 2-7 days</p> <p>✓ Body weight and BP check</p> <p>✓ Clinical outpatient check: HF nurse/GP/cardiologist/nephrologist with blood results</p>

SGL2i is not mentioned
But do not need to be mentioned !

* Preferably in hospital to monitor urinary output enhancement

The cardiorenal synergy with SGLT2i !

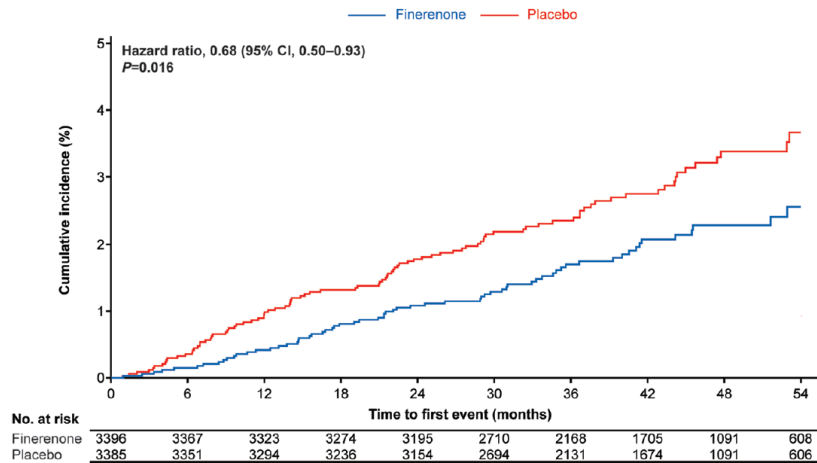




Finerenone Reduces Risk of Incident Heart Failure in Patients With Chronic Kidney Disease and Type 2 Diabetes: Analyses From the FIGARO-DKD Trial

Gerasimos Filippatos¹, MD; Stefan D. Anker², MD, PhD; Rajiv Agarwal³, MD, MS; Luis M. Ruilope, MD; Peter Rossing, MD; George L. Bakris⁴, MD; Christoph Tasto, PhD; Amer Joseph, MBBS; Peter Kolkhof, PhD; Andrea Lage⁵, MD; Bertram Pitt, MD; on behalf of the FIGARO-DKD Investigators

Incidence of new onset HF in patients without HF at baseline

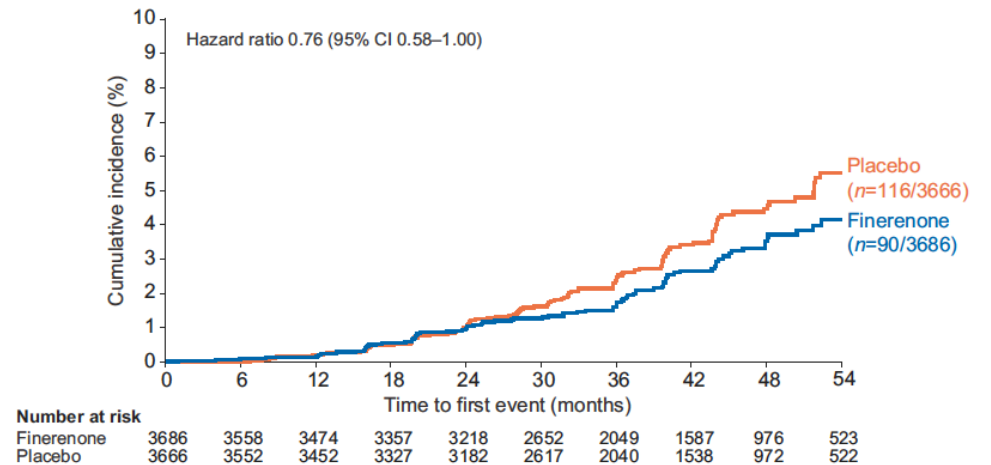


Kidney outcomes with finerenone: an analysis from the FIGARO-DKD study

Luis M. Ruilope^{1,2,3}, Bertram Pitt⁴, Stefan D. Anker⁵, Peter Rossing^{6,7}, Csaba P. Kovesdy⁸, Roberto Pecoits-Filho^{9,10}, Pablo Pergola¹¹, Amer Joseph¹², Andrea Lage¹³, Nicole Mentenich¹⁴, Markus F. Scheerer¹⁵, and George L. Bakris¹⁶; on behalf of the FIGARO-DKD Investigators

Incidence of sustained worsening eGFR

B Sustained $\geq 57\%$ decrease in eGFR from baseline



SGLT2i in HFrEF

Direct benefit
from SGLT2i

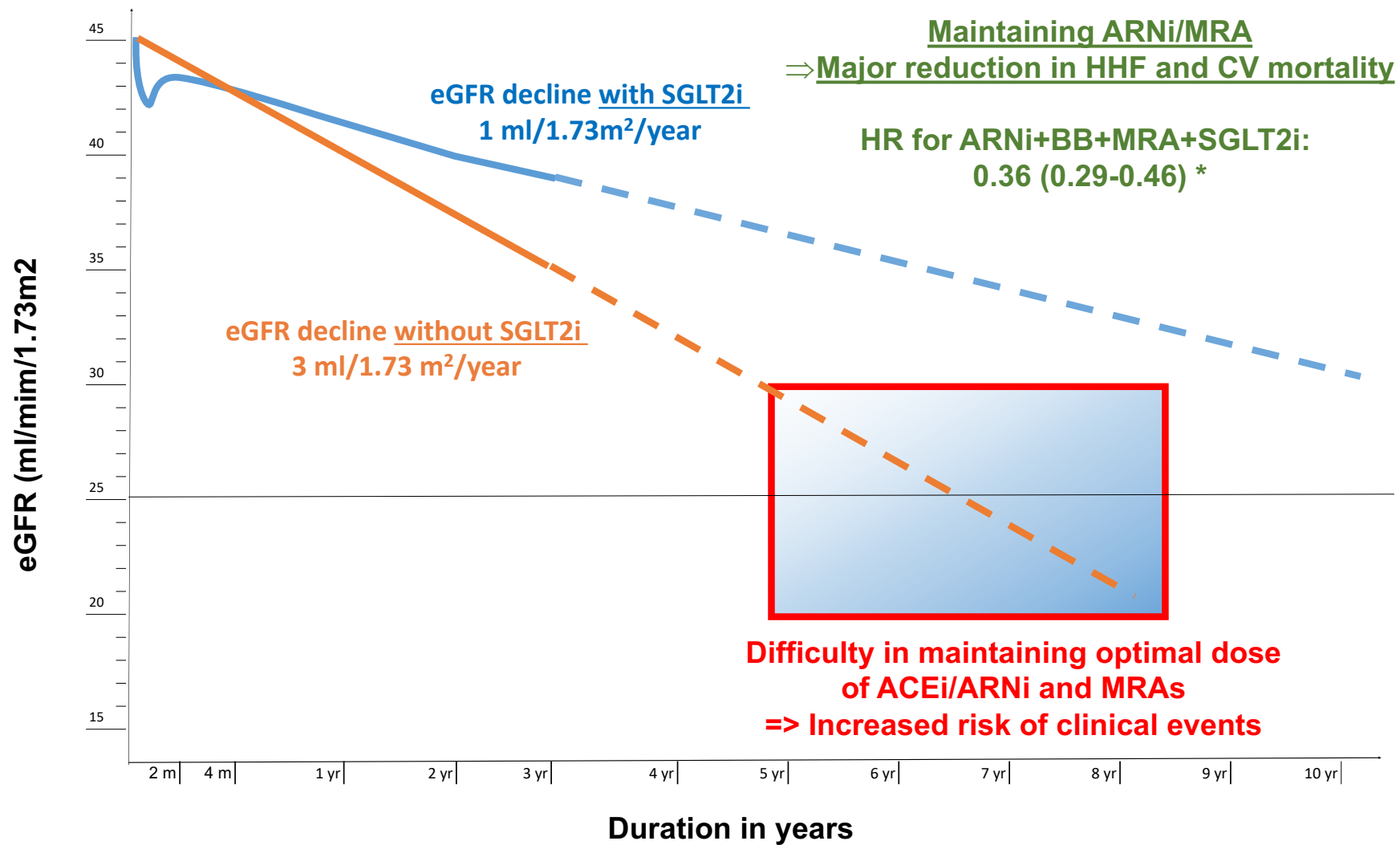
Major cardiovascular benefit

DAPA-HF

HR for CVD or HF event:
0.74 (0.65 to 0.85)

EMPEROR-reduced

HR for CVD or HFrEF:
0.75 (0.65 -0.86)



*Tromp et al., A Systematic Review and Network-Meta-Analysis of Pharmacological Treatment of HFrEF; 2021; JACC: HF
Dotted line represents extrapolated eGFR to longer follow-up than available evidence in DAPA-HF and COMMANDER-HF

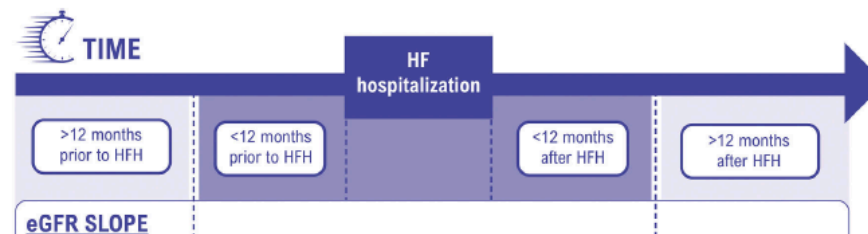
Longitudinal trajectories in renal function before and after heart failure hospitalization among patients with heart failure with preserved ejection fraction in the PARAGON-HF trial

Safia Chatur^{1†}, Muthiah Vaduganathan^{1†}, Alexander Peikert¹, Brian L. Claggett¹, Finnian R. McCausland², Hicham Skali¹, Marc A. Pfeffer¹, Iris E. Beldhuis³, Lars Kober⁴, Petar Seferovic⁵, Martin Lefkowitz⁶, John J.V. McMurray⁷, and Scott D. Solomon^{1*}

Worsening renal function precedes and follows worsening heart failure

Nicolas Girerd^{*†}

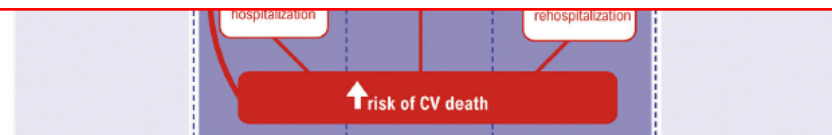
Université de Lorraine, INSERM, Centre d'Investigations Cliniques 1433, CHRU de Nancy, Institut Lorrain du Cœur et des Vaisseaux, Nancy, France and INI-CRCT (Cardiovascular and Renal Clinical Trialists) F-CRIN Network, Nancy, France



**Preventing WRF may actually prevent HF hospitalizations !
So preserving kidney function is a good HF “investment”.**

Months Relative to HFH

Months Relative to HFH

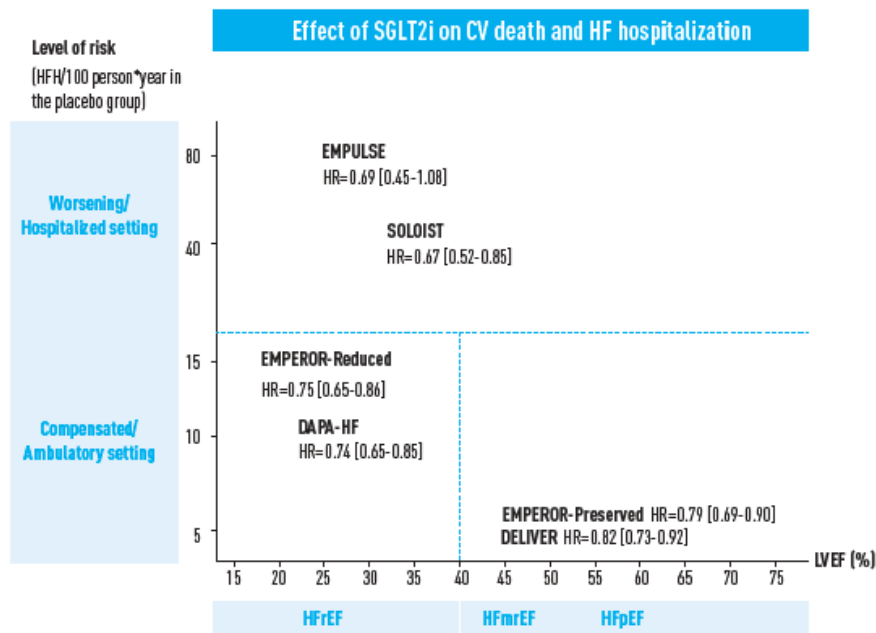


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In whom should we introduce the treatment ?

Homogeneous effect of SGLT2i across the spectrum of heart failure severity and ejection fraction



Good safety profile of SGLT2i in heart failure

Ketoacidosis HR=0.90 [0.30-2.77]	Amputations HR=1.00 [0.64-1.55]
Genital infection HR=2.97 [2.02-4.36] / absolute risk <2%	Acute kidney injury HR=0.81 [0.58-1.12]

Younes, IJC, 2022

Girerd, Zannad, Journal of Internal Medicine, 2023

Effect of SGLT2i across the spectrum of heart failure profiles

Disregarding of

- Type 2 diabetic status**
Ref. DAPA-HF, McMurray NEJM 2019; EMPEROR-Reduced, Packer NEJM 2020; EMPEROR-Preserved, Anker NEJM 2021; DELIVER, Solomon NEJM 2022
- Baseline eGFR**
(exclusion criteria eGFR < 20 ml/min in Empagliflozin trials and < 30 ml/min in Dapagliflozin trials)
Ref. DAPA-HF, McMurray NEJM 2019; EMPEROR-Reduced, Packer NEJM 2020; EMPEROR-Preserved, Anker NEJM 2021; DELIVER, Solomon NEJM 2022; DAPA-HF, Jhund Circulation 2021
- Baseline blood pressure**
(exclusion criteria < 100mmHg in Empagliflozin trials and < 95 mmHG in Dapagliflozin trials)
Ref. DAPA-HF, Serenelli EHJ 2020; EMPEROR-Reduced, Bohm JACC 2021
- Baseline atrial fibrillation**
Ref. DELIVER, Butt JACC 2020
- Baseline heart rate**
Ref. EMPEROR-Preserved, Bohm EJHF 2022

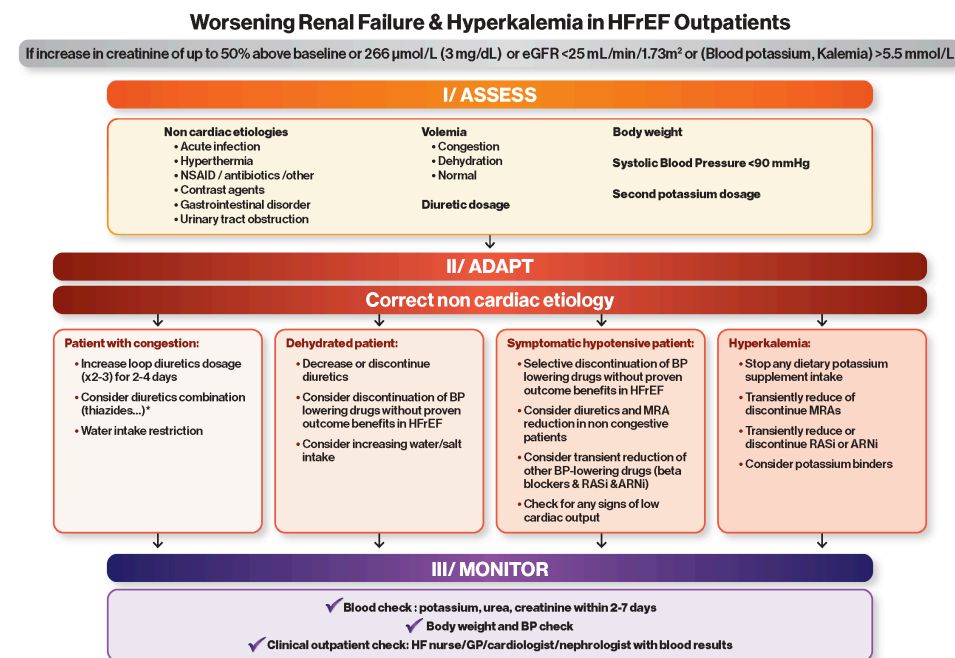
All heart failure patients are eligible for SGLT2i therapy

Exception: Type I diabetes
Gaps in evidence: Pregnancy and end-stage renal disease

Only comorbidity which prevents initiation is Type I diabetes....

SGLT2 inhibitors in patients with CKD and co-morbidities

- CKD/renal function in HF is of paramount importance !
- However, do not over-react to worsening renal function, including in patients with CKD
- SGLT2i may increase creatinine on the short-term but are protective for the kidney !!!
- Excellent treatment for patients with HF and CKD !!!
 - From one stone two birds !!!
- The only comorbidity which has an impact on SGLT2i initiation is Type I diabetes



* Preferably in hospital to monitor urinary output enhancement

Merci !



ville de
Nancy,

